



No. EDN- GCChowari
Office of the Principal, Govt. College Chowari Chamba (HP)
Phone/Fax: 01899-266380 Email-ID:gcchowari2013@gmail.com
Estd.: 1994

Dated:

The list of faculty members of Govt. College Chowari who have published papers in UGC Care and Non-UGC Care list of journals is as follows:

Sr. No.	Name of the faculty member	Title of the paper	Name of the Journal	Year
1.	Dr. Akash Deep Sharma	A Constitutive Modeling and experimental Effect of Shock waves on the Microstructural sub-strengthening of Granular Copper	Journal of Metallic Materials Research	2021
2.	Dr. Roop Lal	Nature of phytotoxic interference of alien weed 'Calyptocarpus vialis' against some crop plants	Environmental Monitoring and Assessment	2021
3.	Dr. Akash Deep Sharma	Influence of High Detonation Pressure on the Structural, Microstructural and mechanical behavior of In718 superalloy: numeric simulations vis-a-vis experimental shock wave processing.	Bulletin of Materials Science	2022
4.	Dr. Manoj Kumar	Protective role of AKBA against benzo(a)pyrene-induced lung carcinogenesis by modulating biotransformation enzymes and oxidative stress	Journal of biochemical and molecular toxicology	2022
5.	Dr. Roop Lal	Projected Impacts of Climate Change on the Range Expansion of the Invasive Straggler Daisy (Calyptocarpus vialis) in the Northwestern Indian Himalayan Region	Plants	2023
6.	Dr. Pitamber Dutt	DNA Profiling of the Threatened Himalayan Herb Polygonatum Verticillatum L. Using Cross-Transferred Betula SSR Markers	Current Agriculture Research Journal	2024
7.	Mrs. Beby Kumari	Growth of Main Sectors in Himachal Pradesh	International Journal of Business Economics and Management Research	2024



No. EDN- GCChowari

Dated:

Office of the Principal, Govt. College Chowari Chamba (HP)

Phone/Fax: 01899-266380 Email-ID:gcchowari2013@gmail.com

Estd.: 1994

8.	Dr. Manoj Kumar	Exploring Integrative Approaches: EGCG's Potential in Combating Prostate Cancer	World Cancer Research Journal	2024
9.	Dr. Manoj Kumar	Green Tea's EGCG: Brewing Hope in the Battle against Breast Cancer	The Natural Products Journal	2024
10.	Dr. Roop Lal	Green Tea's EGCG: Brewing Hope in the Battle against Breast Cancer	The Natural Products Journal	2024
11.	Mr. Ashish Kumar	Changing Processes in Agro-Horticulture Pattern During The British Period in Chamba Princely State	International Journal of Creative Research Thoughts	2025
12.	Mr. Ashish Kumar	An Observation on the Growth of Floriculture Tradition in the Development of Himachal Pradesh under the British Rule	Quest Journal of Research in Humanities and Social Science	2025
13.	Mr. Vipin Kumar	Agni Puraan me Prasaad-Vaastu	Universal Research Journal	2025

Principal

(Seal and Signature)

Principal
Govt. College
Chowari (Chamba) H.P.
D.D.O. Code-207



ARTICLE

A Constitutive Modeling and Experimental Effect of Shock Wave on the Microstructural Sub-strengthening of Granular Copper

A. D. Sharma^{1*} A. K. Sharma² N. Thakur³

1. Department of Physics, Government College Chowari, Chamba, 176302, India
2. Om Sterling Global University- Hisar. Haryana, 125001, India
3. Department of Physics, Himachal Pradesh University, Shimla, 171005, India

ARTICLE INFO

Article history

Received: 25 August 2021

Accepted: 27 August 2021

Published Online: 30 August 2021

Keywords:

Shock waves

Wide angle x-ray diffraction

Microstructure

FE-SEM

Laser diffraction

Microhardness

ABSTRACT

Micro-sized copper powder (99.95%; $O \leq 0.3$) has been shock-processed with explosives of high detonation velocities of the order of 7.5 km/s to observe the structural and microstructural sub-strengthening. Axisymmetric shock-consolidation technique has been used to obtain conglomerates of granular Cu. The technique involves the cylindrical compaction system wherein the explosive-charge is in direct proximity with the powder whereas the other uses indirect shock pressure with die-plunger geometry. Numeric simulations have been performed on with Eulerian code dynamics. The simulated results show a good agreement with the experimental observation of detonation parameters like detonation velocity, pressure, particle velocity and shock pressure in the reactive media. A pin contactor method has been utilized to calculate the detonation pressure experimentally. Wide angled x-ray diffraction studies reveal that the crystalline structure (FCC) of the shocked specimen matches with the un-shocked specimen. Field emissive scanning electron microscopic examination of the compacted specimens show a good sub-structural strengthening and complement the theoretical considerations. Laser diffraction based particle size analyzer also points towards the reduced particle size of the shock-processed specimen under high detonation velocities. Micro-hardness tests conducted under variable loads of 0.1 kg, 0.05 kg and 0.025 kg force with diamond indenter optical micrographs indicate a high order of micro-hardness of the order of 159 H. Nitrogen pycnometry used for the density measurement of the compacts shows that a compacted density of the order of 99.3% theoretical mean density has been achieved.

1. Introduction

In the prevailing atmosphere of worldwide militarization and an age of nuclear engineering, the use of light sustainable metals is increasing due to their high ductility, malleability and high temperature or corrosion resistant properties. An excellent thermal and electrical conductivity with intrinsic strength of formability, ductility and corrosion/fatigue

resistance make non-magnetic copper components a premier choice in the aerospace industries^[1-5]. The solidification of commercially available or chemically/physically synthesized Cu powder involves hydraulic or isostatic processing, metal injection molding or sintering. Distinctive challenges arising on the solidification/ compaction of powders are due to deterioration of fine grained structure as well as formation

*Corresponding Author:

A. D. Sharma,

Department of Physics, Government College Chowari, Chamba, 176302, India;

Email: ads.hpu@gmail.com



Nature of phytotoxic interference of alien weed '*Calyptocarpus vialis*' against some crop plants

Roop Lal · Amarpreet Kaur · Shalinder Kaur ·
Daizy Rani Batish · Harminder Pal Singh ·
Mansi Sharma · Ravinder K. Kohli

Received: 28 December 2020 / Accepted: 19 April 2021 / Published online: 10 May 2021
© The Author(s), under exclusive licence to Springer Nature Switzerland AG 2021

Abstract *Calyptocarpus vialis* (syn. *Synedrella vialis*; Asteraceae), a native of the tropical Americas, has acquired an invasive status in the eastern Asia and Africa and, of late, in India. It is an annual herbaceous weed that forms a dominant ground cover due to its prostrate expansion and interferes with the growth of other plant species. However, the reasons for this interference are largely unknown. Therefore, we examined the allelopathic interference of *C. vialis* via leachate and residue degradation on the emergence, growth, and development of three crop species (*Brassica nigra*, *Triticum aestivum*, and *Avena sativa*). In a laboratory bioassay, the leachates (0.5–4%) of *C. vialis* exhibited a dose-dependent inhibitory effect on various growth parameters of the test plants. Similarly, under screenhouse, *C. vialis*-amended soil (1–4%) affected the growth of test species in a dose-dependent manner. Further, the phytotoxicity of the residues of *C. vialis* was examined using rhizospheric soil (RS) and residue-amended soil (RAS). It was

observed that RAS exerted the maximum allelopathic effect on the test species accompanied by significant changes in pH, electrical conductivity, and total water-soluble phenolic content, as compared with the control soil (CS) and RS. Liquid chromatography and mass spectroscopy analyses confirmed the presence of eleven allelochemicals as the major phytotoxins. The study demonstrated that *C. vialis* exerts strong phytotoxic effects on other plants through the release of potent allelochemicals, both via leachate and residue degradation.

Keywords Allelochemicals · Allelopathy · Leachate · Residue degradation · Straggler Daisy · *Synedrella vialis*

Introduction

Allelopathy is a phenomenon in which the release of allelochemicals (plant secondary metabolites) by one specific plant suppresses (rarely stimulates) the growth of associated plants (Rice, 1984). It is an important tool which helps alien weeds in their establishment and, in turn, invasion success in non-native habitats (Becerra et al., 2018; Ooka & Owens, 2018; Uddin & Robinson, 2017; Zheng et al., 2015). Weeds exhibit allelopathy by releasing water-soluble phenolic compounds (Batish et al., 2007a; Cheng & Cheng, 2015) and sesquiterpene lactones (Padilla-Gonzalez et al., 2016) from different plant parts (aboveground,


R. Lal · A. Kaur · S. Kaur (✉) · D. R. Batish (✉) ·
R. K. Kohli
Department of Botany, Panjab University,
Chandigarh 160 014, India
e-mail: shalinderkaur@hotmail.com

D. R. Batish
e-mail: daizybatish@yahoo.com

H. P. Singh · M. Sharma
Department of Environment Studies, Panjab University,
Chandigarh 160 014, India



Influence of high detonation pressure on the structural, microstructural and mechanical behaviour of IN718 superalloy: numeric simulation vis-à-vis experimental explosive shock processing

A D SHARMA^{1,*} , A K SHARMA² and N THAKUR³

¹Department of Physics, Government College, Chowari 176302, India

²Om Sterling Global University, Hisar 125001, India

³Department of Physics, Himachal Pradesh University, Shimla 171005, India

*Author for correspondence (ads.hpu@gmail.com)

MS received 13 September 2021; accepted 3 December 2021

Abstract. Micro-sized IN718 superalloy powder with an average particle size of 70 μm has been explosively shock-processed with high pressure of the order of 41.3 GPa. A hydrocode, AUTODYNE-2D, with Eulerian mesh is used to simulate and to compute the detonation pressure, particle velocity and shock pressure on the superalloy in the reactive zone. The grazing shock pressure at different regions in the compaction system has been calculated and compared with the experimental work. Axisymmetric cylindrical compaction geometry has been used for the shock-loading of IN718 superalloy. The shock pressure at different points was calculated experimentally by pin-oscillography with the help of electrical as well as fibre optical probes. Wide-angle X-ray diffraction study indicates the intact crystalline FCC structure within the shock-processed specimen having dominating γ [Ni-Cr-Fe] and strengthening γ' [Ni₃(Ti,Al)] phases. Laser diffraction particle size measurement points towards the reduced particle size of the shock-loaded specimen. The Line-broadening Williamson-Hall method shows a very small amount of locked-in microstrain of the order of 0.23%. Energy-dispersive analysis using X-ray examination shows no evidence of any chemical segregation within the compacts. Field-emission scanning electron microscopy shows satisfactory sub-structural strengthening and desired morphology at different regions in the fractographs of the compacted specimen without melting of the core of the specimen. Micro-indentation testing at variable loads of 0.98, 1.96 and 4.9 N shows a good hardness of the order of 642 H_v . The monolith cut-along the consolidation axes show tensile and compressive strengths of the order of 1.126 and 1.04 kN mm^{-2} , respectively. Uniform crack/void-free compacts have been obtained with a density close to 99.2% of the theoretical value with negligible porosity.

Keywords. Crystal structure; microstructure; microstrain; shock waves; simulation; IN718 superalloy.

1. Introduction

Nickel-based IN718 (Inconel 718) superalloys are a premier choice as far as the aerospace industry and strategic defence applications are concerned. Due to the high toughness, load-bearing capability and corrosion/oxidation-resistant properties at high temperatures, they show promising applications in gas turbine engines/blades, submarines, nuclear reactors, jet engines, rocket motors and chemical process manufacturing [1–5]. In a precipitation/particle hardening state, this alloy contains multiple phases having γ [Ni-Cr-Fe] as a continuous matrix with nonmagnetic FCC, γ' [Ni₃(Ti, Al)] as an intermetallic-ordered FCC phase (Ni at face-centres and Al or Ti at the cube-corners), γ'' [Ni₃Nb] as a BCT (Nb at the centre and corners of the tetragonal) and the metal carbides such as MC, M₂₃C₆ and M₆C type. The

γ -matrix permits significant addition of alloying elements, γ' matrix provides high-temperature strength and creep resistance via ordered strengthening, γ'' phase matrix provides coherent strengthening at low/intermediate temperature via high coherency strain and carbides formed at the grain boundaries and used to stabilize the material against plastic deformation at high temperatures [6,7].

A typical challenge while working with such superalloy powders is to obtain a single conglomerate of desired dimensions from its original synthesized powder state. The general processes involved are hot/cold isostatic pressing and hydraulic pressing. Consolidation of spherical and hard superalloy powders by these techniques cause problems due to lengthy processing time and prolonged temperature exposure that may deteriorate the fine-grains or result in the formation of undesired phases or coarse intermetallic

RESEARCH ARTICLE

Protective role of AKBA against benzo(a)pyrene-induced lung carcinogenesis by modulating biotransformation enzymes and oxidative stress

Priti Bhardwaj^{1,2} | Manoj Kumar^{1,3} | Sunil Kumar Dhatwalia^{1,4} |
Mohan Lal Garg¹ | Devinder Kumar Dhawan¹

¹Department of Biophysics, Panjab University, Chandigarh, India

²Electron microscopy facility, National Centre for Biological Sciences, TIFR, Bangalore, India

³Department of Higher Education Shimla, Govt. College Chowari, Shimla, Himachal Pradesh, India

⁴Department of Zoology and Environmental Sciences, Maharaja Agarsen University, Baddi Solan, Himachal Pradesh, India

Correspondence

Devinder Kumar Dhawan, Department of Biophysics, Panjab University, Chandigarh 160014, India.
Email: dhawan@pu.ac.in

Funding information

University Grants Commission, Grant/Award Numbers: Dr. D.S. Kothari Postdoctoral Fellowship (DSKPDF), Dr. D.S. Kothari Postdoctoral Fellowship/(F-4 2/006(BSR)/BL/14-15/0531; Department of Science and Technology, New Delhi, India, Grant/Award Number: DST-INSPIRE IF160041

Abstract

The present study was designed to explore the chemopreventive potential of 3-acetyl-11-keto- β -boswellic acid (AKBA) during the initiation and promotion stage of lung carcinogenesis induced by benzo(a)pyrene (BaP) in female Sprague Dawley rats. BaP was administered at a dose level of 50 mg/kg b.wt. twice a week orally in olive oil for 4 weeks. AKBA administration was started 4 weeks before BaP treatment and continued for another 8 weeks at a dose level of 50 mg/kg b.wt. orally in olive oil three times a week. BaP treatment showed significantly increased in the activities of Phase I biotransformation enzymes (Cytochrome P₄₅₀, b₅, and aryl hydrocarbon hydrolase) and inhibited the activity of Phase II enzyme (glutathione-S-transferase). Also, a significant elevation in oxidative stress biomarkers lipid peroxidation, reactive oxygen species, and protein carbonyl content concentration. Further, an appreciable decrease was observed in the activities of endogenous antioxidant enzymes superoxide dismutase, CAT, GPx, GR, and a decline in nonenzymatic GSH levels. As a result of BaP induced oxidative stress, alteration in erythrocytes morphology was observed. Fourier transform infrared spectroscopy spectrum of lung tissue showed structural changes due to BaP exposure. Moreover, levels of tumor biomarkers such as total sialic acid, carcinoembryonic antigen, and alkaline phosphatase were significantly elevated following BaP treatment which was substantiated by alterations noticed in the histoarchitecture of lung tissue. Interestingly, AKBA administration to BaP treated rats appreciably alleviated the changes inflicted by BaP on various biochemical indices and histoarchitecture of lungs. Therefore, the study clearly revealed that AKBA by containing oxidative stress shall prove to be quite effective in providing chemoprevention against BaP induced lung carcinogenesis.

KEYWORDS

carcinoembryonic antigen, chemoprevention, cytochromes P₄₅₀, erythrocytes morphology, FTIR

Article

Projected Impacts of Climate Change on the Range Expansion of the Invasive Straggler Daisy (*Calyptocarpus vialis*) in the Northwestern Indian Himalayan Region

Roop Lal ^{1,†}, Saurav Chauhan ², Amarpreet Kaur ¹, Vikrant Jaryan ³, Ravinder K. Kohli ⁴, Rishikesh Singh ^{1,5}, Harminder P. Singh ⁶, Shalinder Kaur ^{1,*} and Daizy R. Batish ¹

¹ Department of Botany, Panjab University, Chandigarh 160014, India

² Faculty of Basic Sciences, Shoolini University of Biotechnology and Management Sciences, Solan 173229, Himachal Pradesh, India

³ Department of Life Sciences, Allied Health Sciences & Agriculture Sciences, Sant Baba Bhag Singh University, Village Khiala, Padhiana, Jalandhar 144030, Punjab, India

⁴ Amity University Punjab, Mohali 140306, Punjab, India

⁵ Amity School of Earth and Environment Sciences, Amity University Punjab, Mohali 140306, Punjab, India

⁶ Department of Environment Studies, Panjab University, Chandigarh 160014, India

* Correspondence: shalinder@pu.ac.in; Tel.: +91-172-253-4095

† Present address: Department of Botany, Government College, Chowari, Tehsil Bhattiyat, District Chamba, Chamba 176302, Himachal Pradesh, India.



Citation: Lal, R.; Chauhan, S.; Kaur, A.; Jaryan, V.; Kohli, R.K.; Singh, R.; Singh, H.P.; Kaur, S.; Batish, D.R. Projected Impacts of Climate Change on the Range Expansion of the Invasive Straggler Daisy (*Calyptocarpus vialis*) in the Northwestern Indian Himalayan Region. *Plants* 2024, 13, 68. <https://doi.org/10.3390/plants13010068>

Academic Editor: Daniel Sánchez-Mata

Received: 10 November 2023

Revised: 11 December 2023

Accepted: 19 December 2023

Published: 25 December 2023



Copyright: © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

Abstract: Human-induced climate change modifies plant species distribution, reorganizing ecologically suitable habitats for invasive species. In this study, we identified the environmental factors that are important for the spread of *Calyptocarpus vialis*, an emerging invasive weed in the northwestern Indian Himalayan Region (IHR), along with possible habitats of the weed under current climatic scenarios and potential range expansion under several representative concentration pathways (RCPs) using MaxEnt niche modeling. The prediction had a high AUC (area under the curve) value of 0.894 ± 0.010 and a remarkable correlation between the test and expected omission rates. BIO15 (precipitation seasonality; 38.8%) and BIO1 (annual mean temperature; 35.7%) had the greatest impact on the probable distribution of *C. vialis*, followed by elevation (11.7%) and landcover (6.3%). The findings show that, unlike the current situation, “high” and “very high” suitability areas would rise while less-suited habitats would disappear. All RCPs (2.6, 4.5, 6.0, and 8.5) indicate the expansion of *C. vialis* in “high” suitability areas, but RCP 4.5 predicts contraction, and RCPs 2.6, 6.0, and 8.5 predict expansion in “very high” probability areas. The current distribution of *C. vialis* is 21.59% of the total area of the state, with “medium” to “high” invasion suitability, but under the RCP 8.5 scenario, it might grow by 10% by 2070. The study also reveals that *C. vialis* may expand its niche at both lower and higher elevations. This study clarifies how bioclimatic and topographic factors affect the dispersion of invasive species in the biodiverse IHR. Policymakers and land-use managers can utilize the data to monitor *C. vialis* hotspots and develop scientifically sound management methods.

Keywords: bioclimatic factors; climate change; MaxEnt; northwestern Indian Himalayan region; receiver operating characteristic (ROC); topographic factors

1. Introduction

Human-driven modifications of climate strongly transform the potential matrix of plant species distribution by reshuffling ecologically suitable habitats [1]. Changes in climate have led to increased temperatures, erratic precipitation, enhanced atmospheric carbon dioxide, unpredictable seasonal shifts, extreme weather events, prolonged drought periods, frequent forest fires, acidification of water bodies, desertification of drylands, the formation of heat islands, and habitat loss and fragmentation [2,3]. In addition to alterations in vegetation patterns and community structure and function, climate change has enhanced



DNA Profiling of the Threatened Himalayan Herb *Polygonatum Verticillatum* L. using Cross-Transferred *Betula* SSR Markers

PITAMBER DUTT SHARMA¹ and VIKAS SHARMA^{2*}

¹Department of Life Sciences Sant Baba Bhag Singh University Khiala, Jalandhar, Punjab, India.

²Department of Agriculture, Sant Baba Bhag Singh University Khiala, Jalandhar, Punjab, India.

Abstract

Polygonatum verticillatum is an important Himalayan herb that is used in different medicine systems for improving health and curing many diseases. Herein, simple sequence repeat (SSR) marker characterization of this plant species was performed using cross-transferred SSR markers of a distantly related species *Betula utilis*. Among the 25 SSR markers tested, 13 generated clearly distinguishable alleles. Of these, 12 SSR primers were polymorphic and 1 was monomorphic. All the 12 markers collectively amplified 42 alleles. The average value of 3.5 alleles was observed. The size of alleles ranged from 100 - 600 bp. The mean polymorphism information content (PIC) was 0.459, and mean marker index was 1.61. The dendrogram clustered all the studied accessions into three groups according to geographical locations. The results showed high genetic diversity in the populations of *P. verticillatum* in Indian Himalayan region. SSR marker exhibited good amplification in distantly related species. The SSR markers used in the present work can help diversity and breeding research of *P. verticillatum* in coming days. The results of present work will be helpful for characterization, conservation, management and improvement of the germplasm of this plant in the future.



Article History

Received: 29 May 2024

Accepted: 20 June 2024

Keywords

Cross-Transferability;
Genetic Diversity;
Polygonatum verticillatum;
Simple Sequence Repeat (SSR);
Betula Utilis.

Introduction

Polygonatum verticillatum L. is a highly valued medicinal herb of Indian Himalayan region (IHR) and occurs from 2000 -3000 m asl. It is a member of family Asparagaceae. It is known as "Meda" in Sanskrit and "Salam Mishri" in Hindi. This herb yield important metabolites and is one of the constituents of many ayurvedic formulations.¹⁻³ Morphologically,

plants are slender and generally, unbranched with leaves arranged in verticillaster manner. Leaves are lanceolate, and stem bear flowers near the base of leaves. Flower colour is generally pale yellow and greenish. The fruits are round berries that are initially green in colour and become red when ripe. It is a plant of high importance. However, unscientific exploitation by local traders and anthropogenic

CONTACT Vikas Sharma ✉ vikasam@gmail.com 📍 Department of Agriculture, Sant Baba Bhag Singh University Khiala, Jalandhar, Punjab, India.



© 2024 The Author(s). Published by Enviro Research Publishers.

This is an Open Access article licensed under a Creative Commons license: Attribution 4.0 International (CC-BY).

Doi: <http://dx.doi.org/10.12944/CARJ.12.2.36>



Growth of Main Sectors in Himachal Pradesh

Beby Kumari

Assistant Professor, Economics, Govt. College Chowari Distt. Chamba -176302

Corresponding author's email: bebykumarieco@gmail.com

ABSTRACT

This paper attempts to explore the some of the important long-term changes that have occurred in the primary, secondary and tertiary sectors of Himachal Pradesh economy. For this purpose, the information on state gross domestic product for the primary, secondary and tertiary sectors (at constant prices) at aggregated levels, available for the period from 1980-81 to 2015-16 was compiled. For measuring the growth of primary, secondary and tertiary sectors and to justify the equation of best fit, eleven different types of growth rates simple linear (SILR); parabolic (PRBO); cubic (CUBI); log-linear (LOLN); log-parabolic (LOPB); log-cubic (LOCB); geometric (GEOM); hyperbolic (HYPE); modified exponential (MOEX); gompertz (GOMZ); logistic (LGST) were tested at aggregated/disaggregated level. The best functional form was decided with the help of Akaike's information criterion (AIC) values. Three main sectors of SGDP that is primary, secondary and tertiary sectors were taken as the indicators of study. The performance of the primary, secondary and tertiary sectors was assessed in terms of relative growth rates of these sectors. The study is entirely based on secondary data collected from the various reports of statistical abstracts and economic surveys of Himachal Pradesh. Accordingly, findings from the investigation are expected to deliver useful policy input for attaining balanced growth for the primary, secondary and tertiary sectors at the regional level.

Keywords: Secondary, Growth, Sector and Himachal Pradesh

JEL Classification Codes: C82, E01, O13, R11

1. Introduction

Himachal Pradesh is a hilly state, with 55673 square kilometre, which occupies the 1.69 percent of India's area. The economy of Himachal Pradesh has shown a shift from agriculture sector to industries and services, as the percentage contribution of agriculture and allied sectors in total state domestic product has declined from 57.9 percent in 1950-51 to 8.8 percent in 2017-18. The share of services sectors has increased from 5.9 percent in 1950-51 to 43.3 percent in 2017-18 (GoHP). The agriculture, horticulture, and other allied activities are the mainstay of livelihood for peoples of the state in rural areas. While in the urban area majority of the people earn their livelihood mainly from the services sector (NSSO, 2011-12). An increase in the share of services is usually viewed as a rise in the standards of living and a sign of development. Himachal Pradesh is performing well when compared to

EXPLORING INTEGRATIVE APPROACHES: EGCG'S POTENTIAL IN COMBATING PROSTATE CANCER

M. KUMAR¹, S. VERMA², S. RAWAT³, S. K. DHATWALIA⁴

• • •

¹Department of Zoology, Government Degree College Chowari, Chamba, India

²Department of Zoology, Hans Raj Mahila Maha Vidyalaya, Jalandhar, Punjab, India

³Department of Biosciences, Himachal Pradesh University, Shimla, Himachal Pradesh, India

⁴Department of Medical Microbiology, Postgraduate Institute of Medical Education and Research, Chandigarh, India

Manoj Kumar and Sakshi Verma are equal contributors

CORRESPONDING AUTHOR

Sunil Kumar Dhatwalia, Ph.D.; e-mail: dhatwalias@gmail.com

ABSTRACT – Prostate cancer is the most common cancer in males and one of many types of malignancies that are said to be prevented by drinking green tea and Epigallocatechin-3-gallate (EGCG) intervention. However, epidemiological studies have produced conflicting results regarding the anti-cancer effects of EGCG. In recent years, numerous researchers have demonstrated the effectiveness and safety of green tea polyphenols, including EGCG alone and in combination therapies, through *in vivo* and *in vitro* studies. Nevertheless, the molecular mechanisms underlying the anticancer potential of EGCG remain poorly understood. To evaluate the prevention and treatment of prostate cancer, it is critical to have a better understanding of the precise mode of action of EGCG against the growth and progression of prostate cancer. With a focus on the molecular mechanisms of action of EGCG, such as influencing tumour growth, apoptosis, androgen receptor signaling, cell cycle, and various malignant behaviors, we present information regarding the anti-cancer effects of EGCG in the prevention and treatment of prostate cancer in this review.

KEYWORDS: EGCG, Prostate Cancer, Signaling Pathways, Clinical trials.

INTRODUCTION

With 12,76,106 new cases and 3,58,989 deaths (3.8% of all deaths from cancer in men), Prostate cancer (PCa) is the second most common malignancy in men worldwide (after lung cancer)¹. According to Rawla et al², PCa incidence and mortality are both correlated with ageing globally, with an average age of 66 at diagnosis. Due to population growth and ageing, it is predicted that there will be almost 2.3 million cases of PCa globally and 7,40,000 deaths by 2040³. The well-known risk factors for PCa are age, race, and a family history of the disease⁴. There are numerous reports that claim low plasma-selenium and -tocopherol concentrations and high calcium intake in the diet increase the risk of PCa⁵. Androgens are necessary for the growth and development of the prostate gland, and it has long been believed that high levels of them are a major factor in the development of PCa^{6,7}. According to recent studies, the majority of prostate tumours respond to androgen deprivation therapy until the point at which they develop an androgen-independent growth mechanism^{8,9}.

 This work is licensed under a [Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International License](https://creativecommons.org/licenses/by-nc-sa/4.0/)

REVIEW ARTICLE

Green Tea's EGCG: Brewing Hope in the Battle against Breast Cancer

Manoj Kumar¹, Roop Lal¹, Amit Sehgal², Suman Rawat³, Ankit Kumar⁴, Santosh Kumar⁵ and Sunil Kumar Dhatwalia^{4,*}

¹Department of Zoology Govt College, Dist. Chamba; Directorate of Higher Education, Shimla H.P, India; ²Department of Zoology, Government College, Bhiwani, Haryana 1, India; ³Department of Biosciences, Himachal Pradesh University, Shimla, Himachal Pradesh, 171005, India; ⁴Department of Medical Microbiology, Postgraduate Institute of Medical Education and Research, Chandigarh, 160012, India; ⁵Department of Biotechnology, Guru Ghasidas Vishwavidyalaya, Bilaspur, 495 009, Chhattisgarh, India

Abstract: Breast cancer, a pervasive global malignancy, is anticipated to undergo a significant increase by 2040. Despite the conventional armamentarium of treatments including chemotherapy, radiation therapy, and surgery, the intricate landscape of breast cancer, characterized by its multifaceted surface receptors and signalling pathways, presents formidable challenges to treatment efficacy. Epigallocatechin-3-gallate (EGCG), extracted from *Camellia sinensis*, has emerged as a subject of interest due to its robust antioxidative properties stemming from its chemical structure. EGCG exerts its effects on pivotal stages of tumour growth and proliferation by modulating key signalling pathways such as MAPK, PI3K, NFkB, and ERK1/2 influencing apoptosis and cell cycle regulation. Clinical trials have provided insights into EGCG's potential impact on breast cancer such as mammographic density and pharmacokinetics, indicating its potential as a potent therapeutic agent. Moreover, when administered with conventional chemotherapy, EGCG demonstrates synergistic effects, enhancing therapeutic outcomes. Nevertheless, further research is warranted to validate the safety and efficacy of EGCG in breast cancer prevention and treatment.

ARTICLE HISTORY

Received: September 07, 2024
Revised: October 30, 2024
Accepted: November 15, 2024

DOI:
10.2174/0122103155349614241215045420

Keywords: Adjunctive therapy, cancer cell line, signalling pathways, antioxidants, catechins, synergistic.

1. INTRODUCTION

Tea (*Camellia sinensis*) is the most consumed beverage with a rich cultural history and significance [1]. Numerous studies have reported the chemopreventive effect of green tea on cancer [2-4]. The chemopreventive effectiveness of green tea is attributed to its intricate chemical composition, predominantly characterized by polyphenols. Among these, the pivotal catechins epigallocatechin gallate (EGCG), epigallocatechin (EGC), epicatechin gallate (ECG), and epicatechin (EC) take centre stage. The proportion of EGCG, EGC, ECG, and EC in total catechin ranges from 50-60%, 11-15%, 9-12%, and 6-10 % respectively [2, 5]. The potent catechin found in green tea, particularly EGCG, has gained significant attention for its potential role in disease prevention, such as reducing the risk of heart disease, combating inflammation and oxidation, and managing diabetes and cancer [6-10]. EGCG is emerging as a promising agent due to its potential antioxidant activities in the fight against cancer, offering a natural complementary approach to conventional therapies.

Cancer, a life-threatening disease is initiated by various carcinogens, tumour promoters, and inflammatory agents that modulate the molecular signalling pathways by altering the structure and function of various growth factors, proapoptotic, antiapoptotic, and cell cycle proteins [11, 12]. Breast cancer, in particular, is the most prevalent malignant disease in women worldwide, accounting for a substantial number of cancer-related deaths [13]. Despite advances in cancer therapies (chemo, radiation & hormonal) and surgical interventions, the high metastasis rate and resistance to standard treatments through conventional therapies remain significant barriers to effective breast cancer management [14]. Numerous clinically proven adjuvant drugs like doxorubicin, cyclophosphamide (chemotherapy); Trastuzumab, pertuzumab, CDK4/6inhibitors (targeted therapy), Tamoxifen, anastrozole (hormone therapy) are present in the market that limit the recurrence of specific breast cancer but often associated with high rate of adverse event thus high mortality. However, EGCG is a natural compound present in green tea, showing potential anti-cancer properties alone and in combination with chemotherapeutic drugs, particularly in preclinical trials but lacks clinical validation and regulatory approval compared to traditional adjuvants. It may enhance the treatment efficacy but requires extensive clinical research to link it with breast cancer management [15, 16].

*Address correspondence to this author at the Department of Medical Microbiology, Postgraduate Institute of Medical Education and Research, Chandigarh, 160012, India; E-mail: dhatwalias@gmail.com



INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | ISSN: 2320 - 2882

An International Open Access, Peer-reviewed, Refereed Journal

The Board of
International Journal of Creative Research Thoughts
Is hereby awarding this certificate to

Ashish Kumar

In recognition of the publication of the paper entitled
**Changing Processes In Agro-Horticulture Pattern During The British Period
In Chamba Princely State**

Published In IJCRT (www.ijert.org) & 7.97 Impact Factor by Google Scholar

Volume 13 Issue 8 August 2025 , Date of Publication: 03-August-2025


UGC Approved Journal No: 49023 (18)

PAPER ID : IJCRT2508082

Registration ID : 292035

Scholarly open access journals, Peer-reviewed, and Refereed Journals, Impact factor 7.97 (Calculate by google scholar and Semantic Scholar | AI-Powered Research Tool) , Multidisciplinary, Monthly Journal




EDITOR IN CHIEF

INTERNATIONAL JOURNAL OF CREATIVE RESEARCH THOUGHTS | IJCRT
An International Scholarly, Open Access, Multi-disciplinary, Indexed Journal
Website: www.ijert.org | Email id: editor@ijert.org | ESTD: 2013

Certificate of Publication

IJCRT | ISSN: 2320-2882 | IJCRT.ORG



Quest Journals Inc.

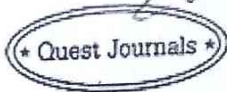
Certificate of Publication

This certifies that the research paper entitled **“An Observation on the Growth of Floriculture Tradition in the Development of Himachal Pradesh under the British Rule”** authored by **“Ashish Kumar”** was reviewed by experts in this research area and accepted by the board of **“Quest Journals Publication”** which has published in **“Quest Journal of Research in Humanities and Social Science”**, ISSN (Online): 2321-9467, Volume-13, Issue-9, Page No. 215-219, [September-2025].

Article is available online at <http://www.questjournals.org/jrhss/archive.html>

Impact Factor of the Journal is : 6.14 Journal is Peer Reviewed Refereed Journal.

You may contact to Journal for any query at quest@editormails.com



Managing Editor
Quest Journals Inc.
Mail id: quest@editormails.com
Website: www.questjournals.org

ISSN: 2321-6061/2025



UNIVERSAL RESEARCH JOURNAL

Multidisciplinary Tri-annually Peer Reviewed &
Refereed Research International Journal

Volume - XXVII Issue - I

January - 2025



International Vocational Training and Technology Research Institute (IVTTRI)

(A unit of Next World Development Society, Regd. under Society Act 21-1860, Govt. of JH)
An Autonomous Body, Indexed under MSMED Act 2006 Govt. of India

Chief Editor

Prof. (Dr.) S.D.K. Sinha
University Professor & Head (Retired)
Jamalpur College, Jamalpur
Tilka Manjhi Bhagalpur University, Bhagalpur

Editor

Dr. Radhe S. Pradhan
Professor (Retired)
Central Dept. of Mgmt.
Tribhuvan University, Nepal

26. Important Tensors of Matsumoto and Similar Finsler Metric 209
Manish Kumar Gupta
27. Pull Ball Botanical Name Lycoperdon Importance and Medicinal Value 218
Meusami Biswas, Dr. Shalini Gupta
28. प्रसारण शिक्षा : लक्ष्य एवं प्रभावों का अध्ययन : मुजफ्फरपुर जिला के ग्रामीण क्षेत्र के संदर्भ में 234
डॉ. मनोज कुमार
29. भारतीय स्वतंत्रता संग्राम में झारखण्ड की अचर्चित महिलाओं का योगदान 240
इशामती सलकर, डॉ. चन्दन कुमार
30. आर्यभट्ट और ब्रह्मगुप्त जैसे प्राचीन गणितज्ञों का खगोलीय गणना में योगदान 248
जयकृष्ण कुमार
31. अग्निपुराण में प्रासाद-वास्तु 252
विपिन कुमार
32. माध्यमिक स्तर के विद्यार्थियों पर पारिवारिक वातावरण एवं व्यक्तित्व क्षमता का प्रभाव 259
अमरनाथ
33. हिंदी भाषा अधिगम के गुणवत्ता सुधार हेतु क्रियात्मक अनुसंधान की योजना का निर्माण 265
अपोलिना बाखला
34. विहार एवं झारखंड की आर्थिक वृद्धि पर डिजिटलीकरण का प्रभाव 275
डॉ. आलोक कुमार आनंद
35. ब्रिटिश कालीन कृषि और अर्थव्यवस्था की दशा 281
डॉ. किरण कुमारी
36. बालकों की शिक्षा में नई शिक्षा नीति (2020) का प्रभाव 287
डॉ. रणजीत कुमार सिंह
37. अर्थशास्त्र में कृत्रिम बुद्धिमत्ता 292
डॉ. रितु कुमारी
38. नई शिक्षा नीति 2020 में अनुसूचित जनजाति के शैक्षिक समानता का अध्ययन 303
डॉ. रोशन लाल महतो
39. नई शिक्षा नीति 2020 में स्कूल स्तर के विद्यार्थियों के कैरियर में परिवर्तनात्मक बदलाव 308
डॉ. कुमार सौरभ
40. तनाव का स्वरूप और संभावनाएं 313
मीरा कुमारी